



Motivational Media Assemblies **Canada**

## VIDEOMAX INC.

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November 2010

*Aimed at Grades K to 5*

## Rise & Shine

### ***Rise & Shine synopsis***

In a world where so many young people struggle with finding the best path through life, it becomes important for us to build around three things: **ATTITUDE**, **ABILITY** and **ADAPTABILITY**. Our *attitude* will shape so many decisions we make. The more positive our outlook is, the more we keep pushing through difficulties. The more we *learn*, the more we practice, the better our *ability* becomes. Kids need to know that they can **rise** to high levels and achieve so many great things. And they can *adapt* to so many challenging situations in life...if they just start each day with old adage, **RISE & SHINE**.

**You can't get to the finish if you don't make a good start.** So many victories in life depend on how strong you begin your effort. We need to believe that great things are possible. Inspirational people remind us that we can look beyond our flaws or tough circumstances and see a life that can still be reached.

**Your status in life is not as important as WHO YOU ARE.** So many young people define themselves on their appearance, financial status, popularity or achievement. But the best evaluator is the quality of person you are every moment of every day.

**The future is unlimited on WHAT YOU CAN DO.** Too many people look at what they know now, how good their skills are now. But the potential in every person to grow in knowledge, creativity, and discipline is phenomenal. If we take on the challenges of today and dig a little deeper, we can be amazing!

**It's best to have a wide picture of WHO YOU CAN LOVE.** Many young people are taught to limit their friendships and associations. They're taught to "dislike" or "distrust" and that leads to a fractured society. We are not better than others when we fail to see their *value*. Bullying, racial tension, and a lack of respect on campus can be reduced or eliminated with an active campaign for kindness and acceptance.

**Your family is where you learn to be great people.** Getting along with family members is how you learn to stick together with people. You can contribute love, kindness, generosity, sacrifice and cooperation every day to make a great family!

So many situations for kids can be improved with a better foundation. Academics, health and safety, community service...cannot reach high levels without lifting the *heart* of a child above the heritage of a child. A world with more passion and harmony will inspire the best in our kids. Choosing to be friendly, drug-free and giving will lead to a better day. It's time for young people to lead a movement of positive spirit...time to **RISE & SHINE!**

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### ***Rise & Shine*** features scenes from:

The Blind Side  
Where The Wild Things Are  
Harry Potter & The Deathly Hallows  
Iron Man 2  
Shrek Forever After  
How To Train A Dragon

The Last Airbender  
Grown Ups  
Cloudy With A Chance of  
Meatballs  
The Karate Kid  
Nanny McPhee

Toy Story 3  
Prince Of Persia  
Princess & The Frog  
Avatar  
Percy Jackson & The Olympians  
Dancing Kid

### Featuring songs from:

Glee  
Jennifer Lewis  
Anika Noni Rose  
Keith Urban  
Switchfoot  
Queen  
Gypsy Kings  
Sheryl Crow  
Celine Dion

### Special appearances by:

Will Smith  
Adam Sandler  
Sam Worthington  
Tom Hanks  
Vince Vaughan  
Mo-Nique  
John Ratzenberger  
Jodie Foster  
Oprah Winfrey  
Christina Applegate

Monique Coleman  
Joan Cusack  
Bonnie Hunt  
Neicy Nash  
Denzel Washington  
Will Farrell  
Jim Carrey  
Robert Downey Jr.  
Quinton Aaron  
Estelle Harris  
Jackson Rathborn

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